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Chemistry of Natural Products: A Unified Approach, provides a planned account of the common features structural and stereochemical of naturally occurring organic compounds. This is the only approach to bring about effective understanding of their chemistry. A variety of examples have been given to illustrate varied aspects so that the range of structure and behaviour exhibited by these compounds is retained within the set framework. The increasing application of physical (spectroscopic) methods like IR, NMR, CD, ORD, MS, High Resolution Mass Spectroscopy—using which, structural determinations are often done with very small or even microscopic quantities of the substance—is emphasised, without undermining the importance of ‘classical’ chemical methods. The section on problem solving helps to develop an analytical and critical evaluation of the data.

The Second Edition reflects the significant and important developments that have taken place since the publication of the first edition, particularly with regard to the biological aspects of natural products.

Contents: Introduction • Structure • Stereochemistry • Reactions and Rearrangements • Synthesis • Biosynthesis • Biological Significance of Secondary Metabolites • Problems • Index

2010 432 pp. Paperback 978-81-7371-677-5 ₹ 550.00
Unified Approach, Second edition (Universities Press, 2010). The main objective is to provide students with experimental details for the successful isolation of different types of natural products.

The handbook has been extensively revised and updated. Apart from including additional examples under isolation, chemical transformation and synthesis, two new chapters have been added to enlarge the scope of the book and make it useful to students of organic chemistry and biochemistry. They are:

- Metabolism of Natural Products
- Suggested Projects

Notes on how to collect and identify plant materials, and the preparation of diagnostic chemical reagents used in the characterisation of natural products, have been included.

The chemistry of natural products is a hybrid science combining the theory of organic chemistry with experimentation. This book contains a judicious combination of both spectroscopic and chemical methods. All the experiments have been successfully class tested.

Contents:
- Introduction
- A Survey of the Methods of Extraction, Isolation and Fractionation of Naturally Occurring Organic Compounds
- Characterisation of Naturally Occurring Compounds
- Procedures for Isolation of Select Compounds
- Chemical Transformations of some Natural Products
- Synthesis of Select Compounds
- Metabolism of Natural Products
- Suggested Projects
- Appendix A
- Appendix B
- Index of Compounds
- Index of Plants
- Index of Reagents

Herbal Drug Technology
(Second Edition)

Herbal Drug Technology, based on the curriculum of various universities, caters to both bachelor’s and master’s courses in pharmacy and allied sciences. It contains detailed information on Indian systems of medicine, herbal therapeutics, crude drugs and medicinal botany.

New to this edition are topics such as herbal cosmetics, nutraceuticals, chemotaxonomy, recent changes in vivo anticancer screening models and screening of cardiac glycosides, and methods of literature search and patenting of herbal drugs.

Special features: Designed according to the curriculum of undergraduate and postgraduate courses in pharmacy of various universities in India and abroad

- Incorporates recent advances in technology
- Provides a comparative study of dosage forms in ayurveda and modern medicine
- Includes a detailed analysis of more than 60 phytopharmaceuticals
- Discusses standardization of herbal drugs—WHO protocol, different methods used for standardization, quality control standards for herbal extracts and validation of herbal products

Contents:
- Introduction to Medicinal Plants
- Indian Systems of Medicine
- Herbal Therapeutics: From Ancient Times to the 21st Century
- Essentials of Crude Drugs
- Medicinal Botany
- In vitro Culture of Medicinal Plants
- Tissue Culture
- Systematic Examination of Powdered Drugs
- Application of Chromatography and Spectroscopy in Plant Drug Analysis
- Extraction, Isolation and Analysis of Phytopharmaceuticals
- Screening Methods Used for Herbal Drugs
- Standardisation of Herbal Drugs
- Herbal Formulations: A Comparative Study of Ayurvedic and Modern Dosage Forms
- Herbal Cosmetics
- Nutraceuticals: A Modern Approach
- Chemotaxonomy
- The Role of Literature Search
in Medicinal Plant Research • Patenting of Herbal Drugs • Index • List of Plates: Plate 1a: Callus culture • Plate 1b: Plantlets formed from callus culture • Plate 2: Shoot elongation and rooting of in vitro regenerated shoots • Plate 3: Plantlets acclimatised to greenhouse conditions • Plate 4: Immobilised beads

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2012	 836 pp.
Paperback	 978-81-7371-787-1	 ₹ 825.00

Indian Medicinal Plants: A Compendium of 500 Species
P K Warrier, V P K Nambiar & C Ramankutty

This compendium which is based on treatise prepared by S. Raghunatha Iyer, a scholar of both Sanskrit and Ayurveda, aims to make an authoritative contribution to the field. The original work which drew upon classical texts and current research, as well as the oral medical knowledge of tribal groups has been updated by scholars associated with the Arya Vaidya Sala in Kottakal, India. This unique compendium offers profiles of 500 key species with detailed taxonomic information. One of the leading features of this compilation is the special technique used in the illustrations, both colour and line, which aims to achieve authenticity of texture, colour and form.

The compendium also lists the distribution and popular nomenclature in English, Sanskrit, Hindi, Malayalam and Tamil. The main texts present properties and uses in a format which cites ancient verse texts and ethnobotanical sources. This rare work, in five volumes, should be of special interest to practitioners of alternative medicine, students of Ayurveda, the research and industry associated with medical botany, pharmacologists, sociologists and medical herbalists.

Contents: Abelmoschus esculentus • Abelmoschus moschatus • Abies spectabilis • Abrus precatorius • Acacia caesia • Acacia catechu • Acacia leucophloea • Acacia nilotica • Acacia polyantha • Acacia sinuate • Acalypha indica • Acharanthes aspera • Aconitum heterophyllum • Aconitum napellus • Acorus calamus • Actinopteris dichotoma • Adenanthera pavonina • Aegle marmelos • Aerva lanata • Agaricus campestris • Ageratum conyzoides • Alangium salviifolium • Albizia lebbeck • Albizia odoratissima • Allium cepa • Allium sativum • Allophylus serratus • Aloe barbadensis • Alpinia galanga • Alstonia scholaris • Alstonia venenata • Alternanthera sessilis • Amaranthus spinosus • Ammania baccifera ssp. baccifera • Amomum subulatum • Amorphophallus paeoniifolius ar.companulatus • Anagardium occidentale • Anacyclus pyrethrum • Anamirta cocculus • Ananas comosus • Andrographis paniculata • Anethum graveolens • Anisomeles malabarica • Annona squamosa • Anogeissus latifolia • Apamnathixis polystachya • Aquilaria agolochla • Arachis hypogaea • Areca catechu • Argemone mexicana • Argyreia nervosa • Aristolochia bracteolate • Aristolochia indica • Artemisia nilagirica • Artocarpus communis • Artocarpus heterophyllus • Artocarpus hirsutus • Asparagus racemosus • Averrhoa carambola • Azadirachta indica • Bacopa monnieri • Baliospermum montanum • Bambusa arundinacea • Barringtonia acutangula • Basella alba var.rubra • Bauhinia variegata • Benincasa hispida • Beta vulgaris • Betula utilis • Biophytum sensitivum • Bixa orellana • Blumea lacera • Boerhavia diffusa • Bombax ceiba • Borassus flabellifer • Boswellia serrata • Brassica juncea • Brassica oleracea var. capitata • Buchanania lanzan • Butea monosperma • Caesalpinia bonduc • Caesalpinia sappan • Cajanus cajan • Calamus rotang • Callicarpa macrophylla • Calophyllum inophyllum • Calotropis gigantean • Calycoceris floribunda • Camellia sinensis • Canavalia gladiata • Cannabis sativa • Casscra decussate • Canthium parviflorum • Capparis decidua • Capsicum annuum • Cardiospermum halicacabum • Careya arborea • Carica papaya • Carissa carandas • Carthamus tinctorus • Appendix A • Appendix B • Index to Sanskrit Terms

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Volume 1
Hardback	 978-81-7371-702-4	 ₹ 995.00

Prices are subject to change without notice.
Introduction to Ayurveda, An
*M S Valiathan*

This book is an introduction to Ayurveda, the ancient system of medicine that had been practiced in the Indian subcontinent for several centuries. It seeks to acquaint the reader, without too many technical details, with the evolution of Ayurveda from its religious moorings to one based on reason and examination. It also discusses the strong influences of Buddhist thought on the development of Ayurvedic practices. The instruments and techniques used as well as the training methods for aspiring practitioners are discussed.

Contents: Evolution of Healing ♦ Medicine in Buddhist India ♦ Basic concepts of Ayurveda ♦ Healthy Living (Swasthavrittha) ♦ Food and Drinks ♦ Diseases ♦ Materia Medica ♦ Training in Medicine & Surgery ♦ Surgical Procedures ♦ Rejuvenation & Enhancement of Sexual Potency ♦ An Ayurvedic View of Life ♦ New Sprouts on an Age-old Tree ♦ Appendix

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**Legacy of Caraka, The**
*M S Valiathan*

Caraka, the master physician, is believed to have lived in the first century AD. The *Samhita* composed by him forms the bedrock of ayurvedic practice today. His contribution to India’s cultural inheritance was profound. Caraka’s *Samhita* was, in fact, a revision of an older text, *Agnivesa Tantra*, which was written several centuries before Caraka’s time. Caraka’s revision became so popular that it was translated into Tibetan, Arabic, English and many Indian languages. The Legacy of Caraka retells the *Samhita* in a new format. Instead of adhering to the sequence of the *Sthanas* in the original, the author has retold the *Samhita* through thematically-structured chapters, in contemporary idiom. The retelling has involved some degree of restructuring and condensation but has ensured that whatever is stated can be traced back to the original. In a detailed introduction, the author has commented on specific aspects of Caraka’s philosophy, concepts and practice, as seen from the point of view of modern medicine.

This book will be of special interest to students of Ayurveda, medicine and other sciences, and those interested in the history of science in India.

Contents: Introduction ♦ Caraka and his legacy ♦ Atharva Veda to Caraka ♦ Diseases in Caraka’s period ♦ Doctrines and concepts ♦ Five evacuative procedures (pancakarma) ♦ Procedures for rejuvenation and...
enhanced virility (rasayana and vajikarana) • Medicinal plants • Food and Drinks • Habitat • Learning to be a physician • Section 1: Ayurveda • Drugs formulations in therapeutics • Sense perception and well-being • Life in accord with the seasons • Suppression of natural urges; comments on physical miscellany • The medical quartet • Three desires, means of knowledge and some triads • Lubricants in therapeutics • Fomentation • Evacuative therapy • Imbalance of dosas - varied expressions • Slimming and building up in therapeutics • Obesity and leanness; stray remarks on sleep • Blood • Food as the source of man and his diseases • Rasas • Food and drink • The fate of food and drinks in the body • Physicians - genuine and fraudulent • Rasas, dharas and a healthful diet • Epidemics; reflections on lifespan • Norms for the quantity of meals • Body - a network of channels • Disease - manifold expressions of deranged dosas • Infestation by worms (krmis) • Training of a physician - theory, practice and ethics • The body and its knower • Conception • Genesis of the embryo • Pregnancy - fetal development, Anomalies and personality types • Antenatal and postnatal management and care of the baby • The individual and the cosmos • A count of body parts • The spectre of death • Section 2: Rejuvenant therapy (rasayana) • Virile therapy (vajikarana) • Fevers (jvara) • Pitta-induced bleeding disorders - rakt pitta) • Gaseous and hemorrhagic lumps of the abdomen (gulma) • Skin disorders including leprosy (kustha) • Phtisis (sosa) • Insanity (unmada) • Epilepsy (apasmara) • Chest injuries and their sequelae (ksata ksin) • Swelling (svayathu) • Abdominal disease with distension (udara) • Piles (aria) • Digestion and digestive disorders (grahani) • Disorders of pailor (panduroga) • Hiccup; shortness of breath (hikka svasa) • Cough (kasa) • Diarrhea (atiyara) • Vomiting (chhardi) • Cellulitis (visarpa) • Thrist (trsna) • Cellulitis (visarpa) • Alcoholic disorders (madataya) • Sores and injuries (vrat:ta) • Three regional disorders (basti, hridaya and siras) • Numb and immobile thighs (Urstambha) • Disorders of perturbed vata (vatavayadi) • Disorders of perturbed vata and blood (vatasonita) • Disorders of the reproductive system; reflections on the principles of therapeutics • Drugs for evacuation (emetics and purgatives) • Evacuative procedures (pancakarma) and formulations • Epilogue • Botanical names • Glossary • Index

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Susruta’s name is synonymous with India’s surgical inheritance. A legendary figure, he is believed to have lived and taught in Varanasi several centuries before the Buddha, and composed the Susruta Tantra which became a timeless medical classic. Though the original text was lost long ago, a redaction by Nagarjuna survived as Susruta Samhita and won universal acclaim. The Samhita is a study of the human condition in health and disease with undisguised emphasis on surgery, and rivals Caraka’s classic in authority. In The Legacy of Susruta, the text of Susruta Samhita has been recast in a thematic fashion without sacrificing any of the content of the original chapters. Furthermore, it presents much of the data in tabular form, and features many tables and illustrations in an effort to reach out to readers who may include not only students of ayurveda but also of modern medicine, biological and social sciences and the history of science. The present volume is a companion to the commercially successful The Legacy of Caraka.

Contents: Section I: At thy feet, Divodasa, Dhanvantari • Section II: Initiation and training of physicians • Section III: Surgical Profile of Clinical Practice • Surgical procedures; pre- and postoperative care • Surgical instruments (yantras and Sastras) • Use of alkalis (Ksara) • Cauterisation (agnikarma); burns and treatment • Blood-letting (raktavisravana); methods and management • Assorted surgical techniques • Fractures and dislocations (Kandabhagha: Sandhimukta) • Section IV: Introduction to Clinical Practice • Diseases and their classification • Time, seasons and the human body • Dosas • Fall and rise of dosas, dhatus and malas; Observations on blood • Rasas • Wholesomeness: food incompatibilities • Geographical influences in pharmacy • Principles of
therapeutics • Section V: Food and Drinks • Liquids for intake • Food • A code for dining • Section VI: Predictors of death and recovery • Section VII: Drugs • Basis of drug action: drugs as substances • Tastes in the transformation of substances • Classification • Emetics and purgatives • Drugs for topical use in wounds, abscesses and ulcers • Section VIII: Systemic Diseases • Vata disorders (vatavyadhi) • Piles (aras) • Urinary calculi (asmarı) • Urinary obstruction; difficult urination (mutraghata, mutrakrcchra) • Diseases of the urinary tract (prameha) • Fistula-in-ano (bhagandara) • Skin diseases (kustha) • Abdominal swelling (udararoga) • Inflammation and suppuration (Sopha) • Abscesses (vidradhi) • Cellulitis, sinuses, breast disease in women (Visarpa, nadi, stanaroga) • Ulcers (vrana) • Traumatic injuries (sadyaovvrana) • Cystic and glandular swelling; tumours; goitre (grandhi, apaci, arbuda, galaganda) • Scrotal swellings; genital inflammation and elephantiasis (vrdhdi, upadamSa, slipada) • Minor disorders (Ksudraroga) • SUkadoSa • Oral diseases (mukharoga) • Section IX: More Systemic Diseases and Related Conditions • Fevers (jvara) • Diarrhea (atisara) • Phthisis (Sosa) • Gaseous lumps of the abdomen (gulma) • Heart disease; pallor and jaundice; internal bleeding (Hrdroga, Panduroga, kamala, raktapitta) • Fainting; alcoholic disorders (murchcha, panatyaya) • Morbid thirst; loss of appetite; regurgitation; vomiting; hiccup9trsna, arocaka, udavarta chardi, hikka) • Shortness of breath; cough; hoarse voice (Svasa, kasa, svarabheda) • Worm infestation; diarrhea due to indigestion (krmiroga, visucika) • Section X: Diseases of the Head and Neck (SaIakyatantra) • Eye and eye diseases • Treatment of eye diseases • Eye diseases; treatment by surgical measures • Diseases of the pupillary region (Drsti) • Medical procedures in the treatment of eye diseases • Diseases of the ear nose and head • Diseases of the ear lobe following elongation • Section XI: Diseases of Planetary Origin • Children’s diseases caused by junior planets (balagraha) • Role of planets in the origin of disorders • Seizures (apasmara) • Insanity (unnada) • Section XII: Poisoning (Visa) • Poisoning • Fixed and mobile poisons • Snake bite (sarpadasta) • Poisoning by rats and other animals (musikavisa and others) • Poisoning by insects (kitavisa) • Section XIII: Medical Procedures • Lubricant therapy and fomentation (snehana, svedana) • Emesis and purgation (vamana, virecana) • Enemas (vasti) • Complications of medical procedures • Smoking, snuffing and gargling (dhuma, nasya, kavala) • Section XIV: Birth and Development of a human being • Origin of life • Procreation; fetal anomalies • Development of the fetus • Development of the fetus; dosa prakrti • Pregnancy; delivery; neonatal care • Malpresentations of the fetus (mu4habarba) • A count of body parts • Vital spots (marmas) • Srotas: siras and dhananIs • Section XV: Rules for Healthy Living • Life in harmony with seasons • Warding off diseases • Virile therapy (vajikarana) • Rejuvenant therapy (rasayana) • Epilogue • Botanical names • Glossary • Index

Legacy of Vagbhata, The
M S Valiathan

Vagbhata completes the “Great Three” (Brhatrayi) of Ayurveda, with his predecessors, Caraka and Susruta. His identity and period are controversial but a major section of the scholarly community believes that he was a native of Sindh, who lived in the sixth century and wrote Astangahrdayam and Astangasngraha. The two texts frankly acknowledge the authority of the Samhitas of Caraka and Susruta and closely follow in the footsteps of the earlier masters. The Legacy of Vagbhata is based on a study of Astangahrdayam and employs a thematic approach with the plentiful use of tables. As in the earlier volumes on Caraka and Susruta, great care has been taken in this volume on Vagbhata to maintain fidelity to the original text while ensuring easy readability for the students of Ayurveda, medicine and the sciences.

Content: Section I: Ayurveda—an overview • Section II: Healthy Living (Svastavrta) • A code for healthy conduct (svastavrta) • Life in harmony with seasons (rtucarya) • Section III: Drinks and Food (Dravadravya) • Liquids as food (dravadravya) • Food (annasvarupa) • Food safety (annaraks) • Measure of food for health (matrasvari) • Section IV: Human Body (Sarira.) • Pancabhutas as the stuff of existence
Section V: Development, Structure and Functions of the Body l Sarira 1 d Procreation, pregnancy and fetal development (garbhotpati, garbhavakrantiya) d Disorders of pregnancy (garbhavayapati) d Body parts and functions (angavibhaga) d Vital spots (marmas) d Tastes (rasas) d Dosas, tissues (dhatus), wastes (malas) d Dosas (dosabhediya) d Section V: Development, Structure and Functions of the Body l Sarira 1 d Procreation, pregnancy and fetal development (garbhotpati, garbhavakrantiya) d Disorders of pregnancy (garbhavayapati) d Body parts and functions (angavibhaga) d Vital spots (marmas)

Section VI: Outline of Medical Measures (Cikitsa) d Management of perturbed dosas (dosopakrama) d Increasing (brmhana, santarpana) and reducing (langhana, apatarpana) the body mass d Groups of drugs for evacuative and other measures (sodhanadi group) d Herbal drugs (bhesajakalpa) d Lubricant therapy (snehana) d Fomentation (svedana) d Emesis and purgation (vamana, virecana) d Emetics and purgatives; medicinal formulations; Complications (vamanakalpa, virecanakalpa) d Enemas (vastikalpa) d More on enemas (vastikalpa) d Nasal purging (nasya) d Other procedures: smoking (dhumapana), gargling (kabala) d Procedures for eye care (ascyotana, anjana) d Section VII: Outline of Surgical Measures (Salya) d Blunt instruments (yantras) d Sharp instruments (sastras) d Venesection (siravyadha) d Removal of foreign bodies (salyarahana) d Surgical operations (sastrakarma) d Cauterisation (ksaragnikarma) d Section VIII: Systemic Diseases d Causation and clinical course of diseases d Fevers (jvara) d Pitta-induced bleeding disease (raktapitta) d Cough (kasa) d Shortness of breath; hiccup (svasa; hikka) d Phthisis and allied conditions (sosa) d Alcoholic intoxication (madatyaya) d Diarrhea (atisara) d Bowel disorder (grahani) d Polyurias (prameha) d Abscess (vidradhi) d Disease of pallor (panduroga) d Vata disorders (vatayadhi) d Vata-induced blood disorders, gout-like disorders (vatasonita, vatarakta) d Swelling (sopha) d Cellulitis (visarpa) d Disease caused by suppression of physical urges (Vega) d Section IX: Health and Disease of Children (Kaumarabhrrya) d Care of the newborn (balopacaraniya) d Diseases of children (balamayas) d Diseases in children caused by evil spirits (balagrahast) d Section X: Superhuman power in humans (bhutavijnaniya) d Section XI: Insanity (unnama) d Section XII: Seizure disorder (apasmara) d Section XIII: Poisoning (Vasa) d Poisons: fixed and mobile (visa: sthavara and jangama) d Snake bites (sarpavisa) d Bites by insects. Spiders (Kitalutadi Visa) d Poisoning by bites of rats, dogs (musika-a’arkavisa) d Section XIV: Regional Disorders d Piles (arsas) d Urinary obstruction (mutrakrcchra) d Scrotal swelling (vrddhii) d Gaseous lumps of the abdomen (gulma) d Abdominal swelling (udara) d Leprosy (kustha) d Leucoderma (svitra) d Worm infestation (krmi) d Ulcers (vrana) d Fractures and dislocations (bhanga, sandhimukta) d Rectal fistula (bhagandara) d Glandular swellings, tumours, filarial d Diseases of the genital organs (guhyaroga) d Minor diseases (ksudraroga) d Section XV: Diseases of Head and Neck (Salakya) d Diseases of the ear (karnaroga) d Diseases of the nose (nasaroga) d Oral diseases (mukaroga) d Diseases of the head (siroroga) d Section XVI: Disease of the Eye (Netraroga) d Diseases of eyelids (vartma) d Diseases of the fornix, sclera and cornea (sandhi-sita-asitaroga) d Vision defects (drsti) d Blindness due to the disorders of lens (linganas) d Global diseases of the eye (sarvaksiroga) d Section XVII: Fatal Signs (Ritas) d Signs of imminent death (rista) d Messengers, omens, dreams (duta, nimitta, svapna) d Section XIX: Rejuvenant therapy (rasayana) d Section XX: Epilogue
prescribed by the Medical Council of India for the MBBS course. Although it is designed as a basic textbook for the undergraduate student, it has resource material for postgraduates and advanced learners in biochemistry and medicine.

The topics are developed in a manner that encourages the student to develop analytical ability as opposed to memory-based learning. Each chapter begins with At a glance which gives a bird’s eye view of the content, thus facilitating better comprehension of the whole. At the end of each chapter, MCQs, Clinical case studies, Problem-based exercises and Riddles have been given. These will be of immense help to the students preparing for various competitive examinations in India and abroad that include USMLE, PLAB, and All India MD/MS entrance examinations.

Contents: Preface to the Second Edition ♦ Preface to the First Edition ♦ Section I: Prelude ♦ Section II: Molecules of Life ♦ Section III: Physiological Biochemistry ♦ Section IV: Metabolism ♦ Section V: Nutrition ♦ Section VI: Clinical Biochemistry ♦ Section VII: Molecular Biology and Nuclear Chemistry ♦ Section VIII: Biotechnology and Biochemical Techniques ♦ Section IX: Biochemical Perspective of Endocrinology ♦ Section X: Contemporary Topics ♦ Key to MCQs ♦ Appendix ♦ Index

Manual of Practical Biochemistry for Medical Students (Second Edition)
Rafi MD

This book is a practical companion in biochemistry to students of MBBS and other allied sciences, and for those engaged in biochemistry laboratories. Completely revised and updated, this new edition presents the subject in a lucid style and can be easily assimilated. The language is simple and easy to understand. The book contains relevant illustrations, tables and boxes, making it reader-friendly. The content is organised into 31 chapters of qualitative analyses and quantitative estimations, covering principles, procedures and observations followed by clinical interpretation. Specially formulated MCQs, problem-based exercises, questions relating to interpretation of laboratory data and case studies are provided to help students prepare for competitive examinations in India and abroad.


Textbook of Basic and Clinical Immunology
Sudha Gangal & Shubhangi Sontakke

See page 10
Textbook of Molecular Biology
Channarayappa

The study of molecular biology should proceed from an understanding of the flow of information through the genetic systems in cells. This approach, or through the ‘central dogma’, provides a firm grasp of the molecular processes that are involved in various cellular operations like protein synthesis and cancer mutogenesis.

Biomedical Sciences

Principles of Medical Electronics and Biomedical Instrumentation
C Raja Rao & S K Guha

The book caters primarily to the syllabi of Medical Electronics and Biomedical Instrumentation courses at the B.Tech. and M.Tech. levels in Engineering, Applied Physics and also serves the needs of AMIE (Section-B) students as well as Polytechnic students. For Medical and Paramedical personnel, this book is useful as a reference and for the electronics engineer and technician, the book will serve as a bridge to the medical world they will be serving. Chapters on Biotelemetry, Computer Applications in Medicine, and the Hospital and Medical Electronics Department are some of the highlights of this book.

Contents: Introduction, Human cell-action potentials, Basis of bioelectric potentials, Biopotential electrodes, Transducers for biomedical applications, Biomedical amplifiers, Principles of recorders for recording bioelectric events, Electrocardiography, Electroencephalography, Electromyography, Respiration, Special techniques for measurements of nonelectrical biological parameters, Electronic instruments for affecting the human body, Biotelemetry, Patient monitoring and intensive care system, Patient safety and electromedical equipment, Computer applications in medicine, The hospital and the medical electronics department, Bibliography, Index.

Short Introduction to Biomedical Engineering, A
S N Sarbadhikari

Bioengineering is the application of electrical, mechanical, chemical, optical and other engineering principles to understand, modify or control biological systems, and also to design and manufacture products for monitoring physiological functions, assisting in diagnoses, assessing prognoses and helping in the treatment of patients. This book presents a bird’s eye view of the important components of biomedical engineering for the benefit of undergraduate and postgraduate students. It also provides a glimpse of the emerging trends in biomedical engineering like telemedicine and the wider use of computers in health care.

of Bones • Biomechanics of Implant tissues • Sports Biomechanics • Section IV: Biomaterials • Structure and Properties of some biological materials • Properties Compatibility Characteristics and Performance of Implants • Structural Properties of synthetic Biomaterials and their use as Biomaterial Substitutes • Section V: Kinesiology and Biological Control • Kinesiology of Human Musculoskeletal System, Orthopedic Biomechanics, Locomotion Analysis • Biomechanics of Human Motion and control interfaces with Application to Limb Orthotics and Prosthetics • Principles of Feedback control and Fluid (Blood/Air) Mechanics in Biology • Section VI: Imagology • Ultrasonography, Colour Doppler • X-rays, CT and other scanners • Section VII: Computers in Medicine and Healthcare • Medical Informatics • Section VIII: Biostatistics • Basic Statistical Methods for Analysing Biomedical Data • Section IX: Safety, Planning and Ethical Issues • Safety Measures for Biomedical Equipment • Planning Biomedical Instrumentation for Diagnosis, Therapy and Rehabilitation • Social and Ethical issues related to Biomedical Engineering • Appendix 1 • Appendix 2 • Appendix 3 • Appendix 4

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2006  276 pp.  Paperback  978-81-7371-558-7  310.00

NEW

Textbook of Basic and Clinical Immunology
Sudha Gangal & Shubhangi Sontakke

This book has been written keeping in mind the needs of the Indian student and curriculum. The content is exhaustive and cannot be found in any single textbook, Indian or foreign. Its uniqueness is the packaging of the basic and the clinical aspects of immunology in a single book.

The purpose of creating this book is:
• To put forth the concepts involved in immunology in as simplified a manner as possible for the students whose first language is not English
• To reduce to the minimum, description of animal experiments so elegantly conducted to explain the several important concepts (This was intentionally done to avoid confusion amongst students who are not exposed to animal science—basically the book gives more weightage to human immunology)
• To include immunology of diseases commonly encountered in South-East Asian countries, so that students of medicine will grasp the basic complexities of the diseases they encounter

The book is thematically divided into two sections.

The first sixteen chapters deal with basic immunology. This part deals with development and maturation of cells of the immune system, molecular basis of diversity of immune response, movement of cells to the site of infection directed by soluble mediators, functions of effector cells and molecules, and careful control of harmful effects of activated immune effectors. Chapter 17 is entirely devoted to the principles of laboratory techniques used in immunology.

The second part, covered in ten chapters, deals with immune response to infectious and non-infectious diseases such as cancer, autoimmune diseases, allergy (hypersensitivity) and diseases caused by mutations occurring during several developmental steps in the complex process of maturation of immune response, giving rise to immunodeficiency diseases. While dealing with the problems in the life-saving procedure of allogeneic transplantation, a special section is devoted to the development of new biologics such as engineered monoclonal antibodies and fusion proteins, future applications of derivatized stem cells and other genetic engineering applications.

Contents: Introduction to Immunology • Innate Immunity • Cells of the Immune System • Organs of the Immune System • Antigens • Antibodies • Antigen Presenting Cells, Antigen Processing and Presentation • Major Histocompatibility Complex • Cells: Maturation, Activation, Proliferation and Differentiation • Immunoglobulin Gene Rearrangement •
T Cell Maturation, Activation and Differentiation
- T Cell Receptor
- Cytokines, Chemokines and their Receptors
- Cell Signalling and Trafficking
- The Complement System
- Effector Mechanisms
- Principles and Applications of Laboratory Tests in Immunology
- Monoclonal Antibodies: Production and Applications
- Immunology of Bacterial Diseases
- Immunology of Viral Diseases
- Immunology of Parasitic Diseases
- Transplantation Immunology
- Tumour Immunology
- Tolerance and Autoimmunity
- Hypersensitivity
- Acquired and Inherited Immunodeficiency Diseases
- Vaccines
- Appendix I: Selected markers of human Cluster of Differentiation (CD)
- Appendix II: Cytokines and growth factors: Sources and functions
- Appendix III: Chemokines, receptors and functions
- Cells expressing chemokine receptors
- Appendix IV: Answers to objective questions and MCQs

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Volume 2
2006
978-81-250-3012-6
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Volume 3
2007
978-81-250-3206-9
₹ 325.00

Clinical Methods in Cardiology
B Soma Raju

Of late there have been dramatic breakthroughs in basic research, exciting results of major clinical trials, and new diagnostic and therapeutic devices. However, in order to effectively use these devices, the physician needs to keep two basic factors in mind: understand the fundamentals of the history and physical examination (rather than rely blindly on technology) and be aware of the unique patient-care issues of different regions of the globe.

This book addresses both issues in an outstanding manner. The author brings his enormous wealth of clinical experience to this book, which is an exposition of his basic thesis that the clinical evaluation of the patient forms the foundation upon which the management of the patient is built.

Content:
- The Science and Art of Medicine
- Patient Presentations
- Cardiovascular Diagnosis
- Functional Categorization of Cardiovascular Disability
- Cardiovascular Dynamics: Basic Considerations
- The Patient’s History
- Evaluation of Chest Pain: Diagnostic and therapeutic Implications
- Syncope
- Palpitation
- Fever in a Patient with Heart Disease
- The Arterial Pulse
- Blood Pressure
- The Jugular Venous Pulse
- The Cardiac Impulse
- Auscultation of the Heart
- The First Heart Sound
- The Second Heart Sound
- The Third Heart Sound
- The Fourth Heart Sound
- Ejection and Non-ejection Clicks
- Heart Murmurs
- Systolic Murmurs

50 Fascinating Case Studies
K P Misra

This book is an excellent tool for learning clinical cardiology. It presents real-life cases and clinical problems in cardiology, and by using an interesting mix of x-rays, ECGs and case presentations, it illustrates in each case, a principle or concept likely to be missed, thereby resulting in misdiagnosis or missed diagnosis!

Each problem is presented on a fresh page and the diagnosis is arrived at through a series of analytical steps (given on the reverse), thus giving the learner ample opportunity for self-learning.

Volume 1
2006
978-81-250-3011-9
₹ 325.00
Practical Cardiology: An Approach to the Management of Clinical Problems
Simon O’Connor & Tracey Baker

Every General Practitioner needs to be well-informed and up-to-date in the critical area of cardiology, one of the fastest changing medical specialities.

This book is designed to do just that, and will be equally useful to teachers and senior medical students. Cardiologist Simon O’Connor and general practitioner Tracey Baker have collaborated to provide a problem-solving and rational approach to the symptoms and problems which patients present. Explanations of current cardiology investigations and their interpretation are given. Guidance on management emphasises careful history taking, physical examination and appropriate investigations and treatment. Each chapter deals with a different cardiology problem (eg, risk factors), symptom (eg, chest pain), or abnormal physical findings (eg, a murmur).

An important feature is that the reader is brought up-to-date with the great advances that have recently occurred in the management of hospital inpatients.

Well organised and accessible, Practical Cardiology is copiously illustrated with ECGs, scans, x-rays, line drawings and photographs. Tables present concise material for easy reference and there are useful summaries and lists of points to remember.

Contents: Foreword ♦ Preface ♦ List of abbreviations ♦ Cardiac Risk Factors ♦ Hypertension ♦ The Patient with Chest Pain ♦ The Revascularisation Patient ♦ The Patient with Palpitations ♦ The Patient with Dyspnoea ♦ The Patient with a Murmur ♦ Other Problems ♦ Index

Primer of ECG, A
(Second Edition)
K P Misra

For over a decade, A Primer of ECG has served as an invaluable guide in helping students master the principles and applications of electrocardiography (ECG). This book, considered a classic in the field, explains the fundamentals of ECG and its interpretation as well as the common errors in interpretation. With over 40 years of experience in teaching and practising medicine and cardiology, K. P. Misra uses his unique flair and exhaustive knowledge to make this subject simple and easy to understand. The numerous illustrations support the text and enable greater clarity and understanding. This second edition of the book has been updated to reflect current thinking and aims to better serve the needs of students, practitioners and physicians.

Special Features: Simple language ♦ Updated chapters ♦ Numerous illustrations to enhance clarity ♦ Many examples and case studies

Contents: The History and Development of Electrocardiography ♦ Anatomy of the Electrocardiogram ♦ Electrical Axis, Position and Rotation of the Heart ♦ Chamber Enlargements ♦ Bundle Branch Blocks and Fascicular Blocks ♦ Heart Block ♦ Ischemic Heart Disease ♦ Arrhythmias ♦ Drugs and Electrolytes ♦ Congenital Heart Disease ♦
Principles and Interpretation of Chest X-Rays
P A Mahesh, B Vidyasagar & B D Jayaraj

This book is meant for students of medicine and radiology, and practitioners. It has nearly 400 x-rays including some very rare ones. Both normal and abnormal x-rays are shown and analysed. The discussion of abnormal x-rays in the clinical case study format (under the headings: site of disease, pathology and etiology) is the unique feature of this book. A brief quiz at the beginning and end of each section stimulate the reader and confirm understanding of the principles. A special chapter on cardiac shadows is also provided. A free CD provided within the book contains some of the important x-rays from the book, for detailed perusal.

Contents:  Introduction to Chest X-ray Diagnosis  Clinical Interpretation of Chest X-rays  Chest X-rays and the Heart  Answers to Quiz  Index

Forensic Medicine
(Second Edition)
P V Guharaj & M R Chandran

This book is written mainly with the medical undergraduate in mind, but should also prove to be a useful reference for postgraduate students and practitioners. Both the theory and practice of forensic medicine and clinical toxicology have been given case perspectives. Detailed references have been provided at the end of each chapter.

Contents:  Legal Procedure in India  Personal Identity  Death: Its Diagnosis and Changes that Follow  Sudden Death  The Medicolegal Autopsy  Examination of Mutilated and Skeletal Human Remains and Exhumation  Mechanical Autopsy  Regional Injuries  Medicolegal Aspects of Wounds  Traffic Accidents  Asphyxial Deaths  Injuries from Physical Agents  Death from Starvation  Virginity, Sex Offences, Paraphilias and Indecent Assault  Impotence, Sterility, Artificial Insemination, Sexual Sterilisation and Legitimacy and Paternity  Pregnancy, Miscarriage and Delivery  Infant Deaths  Blood, Semen and other Biological Materials  Forensic Psychiatry  Deaths and Complications from Anesthesia and Surgery  The Law and Ethics of Medical Practice  General Considerations of Poisoning  Corrosive Poisons  Metal Poisoning  Poisonous Plants  Drugs of Intoxication and Dependence  Insecticides and Rodenticides Irrespirable  Gases  Poisonous Snakes, Arthropods and Insects  Food Poisoning  

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**GENETICS**

**Essentials of Human Genetics**
(Fifth Edition)

*Manu L Kothari, Lopa A Mehta & Sadhana S Roychoudhury*

Genetics has become an integral part of medical teaching at undergraduate and postgraduate levels. It is a science where conceptual and terminological changes occur every day. This book provides information about various aspects of human genetics in a brief, simple, comprehensive yet interesting manner so as to sustain and drive the interest and enthusiasm of the reader.

The two main parts of the book, principles of genetics and applications of genetics, strive to provide current, relevant information in a clear and concise form. The new edition contains updated text detailing new advances in DNA replication and gene expression, detailed illustrations and examples, chapter summaries and a comprehensive glossary.

**Special Features:**
- Fully revised and updated
- New techniques explained
- Latest advances in molecular genetics, DNA replication and gene expression included
- Comprehensive glossary
- New examples and colour illustrations
- Concise summaries

**Contents:**
*Section I: Principles of Genetics: An Introduction to Human Genetics*  
*The Cell*

**MEDICINE**

**MRCOG Part 2: A Structured Approach**

*Pranathi Reddy & Uma Ram*

The MRCOG Part 2 exam is held in London and is a requirement for all obstetricians and gynecologists planning to work in the UK, however briefly. Candidates from the subcontinent are often at a disadvantage because they are not familiar with the UK health care system and the pattern of the exam, which is very different from the exam in India.

**Special Features:**
- A CD with viva recording for practice, along with feedback. No other book has this feature.
- All parts of the exam covered: essays, MCQs, EMQs and OSCEs
- Systematic, stepwise and thorough coverage of topics
- Special tips for overseas candidates
- Learning resources
- Art paper and colour printing: high quality production

**Contents:**
*Essays*  
*Module 1: Communication*  
*Module 2: Audit*  
*Module 3: Clinical Risk Management*  
*Module 4: Critical Appraisal*  
*Module 5: Data Interpretation*  
*Module 6:*
Textbook of Medicine

R S Vasan & Sudha Seshadri

This book offers a comprehensive coverage of medicine for undergraduate medical students in a simple but exhaustive manner. The subject has been divided into systematic sub-sections and discussed with special reference to our country. Tables, illustrations and emergencies are useful adjuncts.

Contents:
- Medicine as an Art and a Science
- Decision-making in Clinical Medicine
- Genetics and Molecular Biology
- Clinical Pharmacology
- Nutrition Related Disorders
- Fluid and Electrolyte Disturbance
- Imaging in Medical Disorders
- Infectious Diseases
- Disorders of the Nervous System
- Psychiatric Diseases
- Disorders of the Respiratory System
- Disorders of the Cardiovascular System
- Disorders of the Gastrointestinal and Hepatobiliary System
- Renal Diseases
- Disorders of the Hematopoietic System
- Endocrine and Metabolic Disorders
- Disorders of Immune Function and Connective Tissues
- Poisoning and Diseases due to Environmental Agents
- Occupational Health
- Pregnancy-related Medicine
- Computers in Medicine
- Appendix A: Performance of Procedures
- Appendix B: Biochemical Values
- Bibliography
- Index

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1998
284 pp.
Paperback
978-81-250-3360-8
₹ 525.00

This famous textbook was conceived in the early 1970s by two of the renowned Indian educators and professors of Microbiology. The first edition, published in 1978, was a masterpiece of clarity and uniformity of style. Although the format and presentation have seen many changes in the eight subsequent editions, the authors’ original vision and objectives remain. More than three and a half decades after its first publication, the book continues to inform and educate students and teachers.

The ninth edition has been completely updated and revised. In accordance with advances in the field, the sections on Immunology, Mycology and Clinical Microbiology have been given due prominence. To better prepare students for clinical situations, case studies, approach to treating common diseases and algorithms and flowcharts have been included. Practice questions that mirror those that frequently appear in examinations have been provided at the end of every chapter.

The presentation and layout has been tailored to help students absorb information quickly, as greater demands are placed on their time. Illustrations and photographs have been improved to enable ease of learning and retention of information.

Contents: Part I: General Microbiology:
- Introduction and Bacterial Taxonomy
- Morphology and Physiology of Bacteria
- Sterilisation and Disinfection
- Culture Media
- Culture Methods

1998
1387
Paperback
978-81-250-1266-5
₹ 495.00
New Textbook of Basic and Clinical Immunology
Sudha Gangal & Shubhangi Sontakke
See page 10

R Panjarathinam

This book is a detailed study of parasites and their relations with their hosts and includes a discussion of the diseases caused by parasites and their treatment.

Special features:
- Six pages of colour photographs have been included. The book is generously illustrated with new line drawings.
- A detailed summary is given at the end of relevant chapters.
- Questions and answers have also been provided on all major topics.
- A glossary of technical terms has been included, to provide quick reference.
- Information has been updated in this edition, e.g., a spectrum of parasitic opportunists found in association with the human immunodeficiency virus (HIV) infection have been looked at, and chapters discussing immunoparasitology, recent parasitic serology, culture media, free living amebae, microsporidia and tumour associated parasites have been included.
- New topics such as pseudoparasites, stool and blood examinations, serological tests, treatment, signs and symptoms of parasitic diseases, parasites of various organs and common parasites prevalent in India, have also been added.

Contents:
- General Introduction
- Protozoa
- Rhizopoda
- Zoomastigophorea
- Sporozoa
- Ciliatea (Balantidium coli)
- Cestodes
- Class Trematoda
- Class Nematoda
- Immunoparasitology
- Parasitisms—Occurrence, Symptoms and Treatment

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2013 720 pp. Paperback
978-81-7371-889-2 ₹ 725.00

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Nursing Foundations: Principles and Practices
Mary Sulakshini Immanuel

This book covers the complete undergraduate syllabus for Nursing Foundations prescribed by the Indian Nursing Council. The book will serve the purpose of an ideal text as well as a ready reference during clinical practice. The book is also useful for healthcare professionals and managers who would like to know how patients should be cared for. Nursing procedures are explained with step-by-step procedures, with emphasis on critical thinking. Learning objectives, essay questions, MCQs and short answer questions at the end of each chapter, a glossary of key terms and model question papers have been included.

Contents: Introduction to Health • Nursing—Professional Practice • The Nursing Process • Communications and the Nurse—Patient Relationship • Admission, Transfer, Discharge and Documentation • The Hospital Environment • Mobility and Immobility, Range of Motion and Body Alignment • Personal Hygiene • Providing Comfort, Rest and Sleep • Care of Equipment and Supplies • Meeting Elimination Needs • Meeting Nutritional Needs • Meeting Psychosocial and Spiritual Needs • Assessing Diagnostic Measures • Application of Heat and Cold • Administration of Medication • Special Medical Procedures • Special Surgical Procedures • Fluid, Electrolyte and Acid–Base Imbalances: Basic Concepts and Intervention • Meeting the Special Needs of Patients • Nursing Care Plans • Model Question Papers • Answer Key • Index

The third edition of this popular nursing title will be a thoroughly updated version. It is designed with the Indian Nursing Council (INC) syllabus in mind and is meant for students of the B.Sc Nursing course. New diagrams and flowcharts will be added. Chapters on Heredity and Genetics, Emotions and Stress and Attention and Perception will also be included.

Ananthanarayan and Paniker’s Textbook of Microbiology for Nurses
Mary S Mathews & Ruth H Ashbee (Eds)

For over thirty years, Ananthanarayan and Paniker’s Textbook of Microbiology has guided students through the complex and absorbing world of microbiology. In this book, their
knowledge and insight into this subject have been distilled to help nursing students care for and manage patients affected by these microbes.

This book is specifically aimed at nursing students in India, and the diseases covered, immunisation schedules, procedures for disposal of waste and other information, which may vary between countries, is focussed on the Indian scenario. Two sections, in particular, highlight this orientation:

The Parasitology section, which comprises Protozoa and Helminths, has been comprehensively illustrated, with new, vibrant structure and life cycle images which would help nurses understand the pathogenesis of diseases caused by these organisms.

The final section of the book, Clinical and Hospital Microbiology, deals with standard and desirable nursing practices, such as hand hygiene and antisepctic procedures for the collection and transport of specimens from the patient to the laboratory. These play an important role in reducing/preventing the spread of infection, both in the hospital and in the community.

Special Features: Oriented to the BSc Nursing course, as per the Indian Nursing Council (INC) syllabus • Emphasises standard and desirable nursing practices • New figures and illustrations • Simple language • Essay, short note and short answer questions • Reader-friendly layout

Contents: I: Introduction to Microbiology  • Historical Introduction  • Structure and Function of Bacteria  • Bacterial Growth and Cultivation  • Microscopy and Staining  • Sterilisation and Disinfection  • Antimicrobial Chemotherapy  • Molecular Microbiology  • II: Immunology  • Infection and Immunity  • Overview of the Structure and Functions of the Immune System  • Antigens and Antibodies  • Antigen—Antibody Reactions  • Hypersensitivity Reactions  • Vaccines and Immunisation  • III: Systematic Bacteriology and Systems-based Microbiology  • Staphylococci  • Streptococci  • Bacillus and Clostridium  • Non-fermenting Gram-negative Bacilli  • Mycobacteria  • Spirochaetes  • Urinary Tract Infections  • Respiratory Tract Infections  • Meningitis  • Gastrointestinal Tract Infections  • Enteric Fever: Salmonella  • Bacillary Dysentery: Shigella  • Sexually Transmitted Infections  • Uncommon Bacterial Infections  • IV: Virology  • General Properties of Viruses  • Hepatitis Viruses  • Human Immunodeficiency Virus and AIDS  • Poliomyelitis and Rabies  • Exanthematos Fevers and Viral Gastroenteritis  • Arboviruses and Emerging Viral Infections  • V: Parasitology  • Protozoa  • Helminths  • VI: Mycology  • Medical Mycology  • VII: Clinical and Hospital Microbiology  • Normal Microbial Flora of the Human Body  • Microbiology of Water, Milk and Air  • Hospital-acquired Infections (Nosocomial Infections)  • Opportunistic Infections  • Collection and Transport of Specimens for Microbiological Investigations  • Laboratory Diagnosis of Infectious Diseases  • Biomedical Waste Management  • Infection Control and Precautions in Patient Care  • Prevention of Infections in Healthcare Workers  • Index

2010 312 pp. Paperback 978-81-7371-718-5 ₹ 295.00

Achar’s Textbook of Pediatrics
(Fourth Edition)
Swarna Rekha Bhat (Ed.)
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Essential Obstetrics:
Textbook for Undergraduates
Asha Oumachigui, S Soundara Raghavan & S Habeebullah
See page 21

Essentials of Human Genetics
(Fifth Edition)
Manu L Kothari, Lopa A Mehta & Sadhana S Roychoudhury
See page 14

Handbook of Obstetric and Gynecologic Emergencies
S Arulkumaran, K Bhasker Rao, Mala Vijayakrishnan
See page 22

Introduction to Medical Microbiology
R Ananthanarayan

This basic textbook for nurses and paramedical personnel covers briefly and lucidly the essentials of medical microbiology and its related
subjects: parasitology, entomology, mycology, immunology, bacteriology and virology. The book is illustrated with clearly labelled line-drawings, diagrams and photographs and the language is simple and basic. Due emphasis has been given throughout to applied aspects and to problems special to the developing countries.

Contents: Introduction and History ▪ General Characteristics of Bacteria ▪ Sterilisation and Disinfection ▪ Infection ▪ Immunity ▪ Hypersensitivity and Autoimmunity ▪ Normal Microbial Flora of the Body ▪ Common Pathogenic Bacteria ▪ Bacilli ▪ Spirochaetes ▪ Mycoplasma ▪ Rickettsiae ▪ Chlamydiae ▪ Viruses ▪ Fungi ▪ Parasitology ▪ Entomology ▪ Rodents ▪ Chemotherapy and Chemoprophylaxis ▪ Nosocomial Infections ▪ Blood Transfusion ▪ The Bacteriology of Air ▪ The Bacteriology of Water ▪ The Bacteriology of Milk ▪ The Bacteriology of Food ▪ Immunoprophylaxis ▪ Collection and Transport of Specimens ▪ Appendix 1: Period of incubation of common diseases ▪ Appendix 2: Examination of blood for parasites ▪ Appendix 3: Examination of stools for parasites ▪ Index

1990 182 pp. Paperback 978-81-7371-638-6 ₹ 225.00

Mudaliar and Menon’s Clinical Obstetrics (Eleventh Edition)
Sarala Gopalan & Vanita Jain (Eds)
See page 24

Practical Neonatal Care
Lalitha Krishnan
See page 27

Common Obstetrical and Gynecological Conditions: A Clinical Management Handbook
U K Ghosh

This handbook is aimed at medical students and practitioners of obstetrics and gynecology who require a handy, easily portable, clinical manual that provides all the information they need to manage patients on a day-to-day basis. Covering the fundamentals of the subject, while ensuring a strong clinical orientation, this book includes all the obstetric and gynecological conditions frequently seen in the Indian context. It also provides many tables, flow charts and other visual elements, which enhance ease of reading and comprehension.

Surveillance of the fetus is practised by obstetricians and midwives on a daily basis to prevent stillbirth and neonatal death. Yet, there is no specific book to cover this area of practice. *Antenatal and Intrapartum Fetal Surveillance* fills this gap – it covers the knowledge.

A comprehensive reference text, the book discusses the use of biochemical and ultrasound markers for screening of genetic, chromosomal and anatomical malformations. It also covers fetal movements, heart rate monitoring, Doppler blood flows, fetal oxygen saturation and fetal ECG waveform analysis to diagnose hypoxia. Recent developments as well as advanced technologies for the future are also dealt with.

**Contents:**

- Section A: Antepartum Surveillance
  - Antenatal Fetal Surveillance: some for all, more for those at risk
  - Screening and Diagnosis of Chromosomal and Genetic Abnormalities of the Fetus
  - Screening and Diagnosis of Anatomical Abnormalities of the Fetus
  - Fetal Growth
  - Fetal Movements
  - Antenatal Cardiotocography
  - Amniotic Fluid Index
  - Biophysical Profile
  - Doppler Velocimetry

- Section B: Intrapartum Surveillance
  - Intermittent Auscultation
  - Admission CTG
  - Electronic Fetal Monitoring in Labour: Definitions, Pathophysiology, Examples
  - Uterine Contraction Monitoring in Labour: External and Internal
  - Fetal Scalp Blood Sampling: Lactate, pH and Base Excess
  - ST-analysis of the Fetal ECG
  - Fetal Stimulation Tests
  - Computerised CTG and ECG Analysis in Labour
  - The INFANT Trial: A Prospective Randomised Controlled Trial of Decision Support for the Interpretation of Fetal Heart Rate Patterns during Labour
  - Assessment of the Newborn for Markers of Asphyxia and the Outcome
  - Medicolegal Aspects of Intrapartum Fetal Surveillance

The new edition of this book re-emphasises the skills that students must acquire: of gathering information through history taking and physical examination, and learning the art and science of interpreting data and selecting relevant investigations. The delivery pattern of health care for women needs to be woman-centered rather than technology-driven. The necessity of a book on clinical methods in the specialty of obstetrics and gynecology is absolute, since we can ill afford to rely on technology alone. This book will help budding doctors to appreciate and value the clinical approach.

This second edition has additional topics, updated knowledge and clear illustrations and takes into account the needs of students and practitioners.

**Contents:**

- Communication with the patient and history-taking
- General physical examination
- Gynecologic and obstetric examination
- Care
during pregnancy • Vomiting in pregnancy • Vaginal bleeding in early pregnancy • Recurrent pregnancy loss • Breathlessness during pregnancy • Fever during pregnancy • Abdominal pain during pregnancy • Jaundice in pregnancy • Vaginal bleeding in late pregnancy • Swelling of feet during pregnancy • Hypertension in pregnancy • Convulsions during pregnancy • Watery discharge per vaginum during pregnancy • Prolonged labour • Postpartum hemorrhage • Postpartum collapse • Fever in the postpartum period • Postpartum depression • Examination of a normal newborn • The infant who does not breathe at birth • The yellow baby • The baby with convulsions • The septic baby • White discharge per vaginum • Irregular vaginal bleeding • Excessive vaginal bleeding • Absence of menstruation • Mass descending per vaginum • Mass lower abdomen • Acute pain lower abdomen • Chronic problems of the breast • Inability to conceive • Helping clients choose contraception • Strategies for skill learning • Bibliography • Index

Essential Obstetrics: Textbook for Undergraduates
Asha Oumachigui, S Soundara Raghavan & S Habeelullah

This textbook for undergraduates seeks to equip them with the essential skills required in obstetrics covering care during pregnancy, delivery and its complications and wellbeing of the infant and the mother after the delivery. The special features of the book are:

• exhaustive coverage of the core areas as relevant to the undergraduate syllabus
• special focus on Indian conditions where there are socioeconomic aspects related to health care like poverty, domestic violence and gender discrimination. The book seeks to sensitize the student to these aspects

• stress on evidence-based medicine and clinical evaluation to reduce the cost of seeking health care
• section on demography and contraception is also tailored to Indian conditions

Contents: Obstetrics: An Overview • Ethical Issues • Gender Sensitisation • Reproductive and Child Health Programme • Communication and Counselling • Elements of Reproduction and Embryology • Development of the Fetus and Placenta • Maternal Changes in Pregnancy • Diagnosis of Pregnancy • Antenatal Care • Nutrition During Pregnancy • Drugs in Pregnancy • Imaging in Obstetrics • Screening for Congenital Anomalies • Assessment of Fetal Wellbeing • Abortions • Medical Termination of Pregnancy • Ectopic Pregnancy • Gestational Trophoblastic Disease • Amniotic Fluid and its Abnormalities • The Maternal Pelvis and the Fetus • Physiology of Labour • Mechanism of Normal Labour • Conduct of Normal Labour • Obstetric Analgesia and Anesthesia • Prolonged Labour • Occipitoposterior Position, Face and Brow Presentations • Breech and Shoulder Presentations • Multiple Pregnancy • Induction of Labour • Vaginal Operative Delivery • Cesarean Section • Complications of Third Stage of Labour • Care of the Newborn • Normal Puerperium • Lactation and Breastfeeding • Abnormal Puerperium • Hyperemesis Gravidarum • Hypertensive Disorders • Antepartum Hemorrhage • Preterm Labour • Prolabour Rupture of Membranes • Prolonged Pregnancy • Rhesus Isoimmunisation • Fetal Growth Restriction • Anemia • Heart Disease • Respiratory Disorders • Diabetes Mellitus • Thyroid Disease • Urinary Tract Infections • Sexually Transmitted Infections • Tropical Infections • Epilepsy • Psychiatric Disorders • Diseases of the Liver • Common Surgical Causes of Acute Abdomen in Pregnancy • Gynecological Disorders Complicating Pregnancy • Shock in Obstetrics • Disseminated Intravascular Coagulation • Demography, Population Control and Contraception • Natural and Conventional Methods of Contraception • Hormonal Contraceptives • Intrauterine Contraceptive Devices • Surgical Contraception • Emergency Contraception

Prices are subject to change without notice
Handbook of Obstetric and Gynecologic Emergencies

S Arulkumaran, K Bhasker Rao & Mala Vijayakrishnan

This handbook takes up the most common emergencies seen in the Indian context and is meant to be of use to those who are working in hospitals/nursing homes without tertiary care facilities. It advises them on the recommended and safe management options in such cases.

Contents: Introduction • Bleeding in early pregnancy • Emergency contraception • Hypertensive disorders of pregnancy • Hemorrhages in late pregnancy and labour • Emergencies in late pregnancy. Premature labour PROM and absence of fetal movements • Normal and abnormal labour • Multiple pregnancy. • Third stage complications • Vaginal operative deliveries • Abdominal delivery

2003 292 pp. Paperback
978-81-250-2516-0

High-Risk Obstetrics: Practical Guidelines

Department of Obstetrics & Gynecology
Jawaharlal Nehru Medical College (JNMC), Belgaum

Management of high-risk pregnancies has changed over the years. Evidence-based medicine, a better understanding of the pathophysiology of various disorders relating to obstetrics and newer diagnostic criterias have transformed the way high-risk pregnancies are managed today. There is a felt need to develop a kind of practical guide to help medical practitioners in this difficult task. Striking a balance between evidence-based medicine and a practical approach, High-Risk Obstetrics intends to fulfill this need.

The protocols described in this book have been developed over a period of time through practice and have been constantly updated by the authors in line with the recent developments in specific areas of high-risk pregnancies. They have been critically analysed by the staff of the Department of Obstetrics and Gynecology at JNMC.

Although the management of high-risk pregnancies has been emphasised, necessary theoretical background has also been provided. The book is in fact a continuation of medical education and strives to provide optimal guidelines in obstetric care for high-risk pregnant women.

Contents: Preface • Post Partum Hemorrhage • Abruptio Placentae • Placenta Previa • Blood, Blood Components and Transfusion • Management of Eclampsia • Management of Preeclampsia • Anemia • Management of Intrauterine Growth Restriction • Jaundice in Pregnancy • Management of Cardiac Disease in Pregnancy • Gestational Diabetes Mellitus • Rh-Negative Pregnancy • Term Premature Rupture of Membranes (PROM) • High-Risk Obstetrics: Practical Guidelines • Preterm Labour • Induction of Labour • Partograph • Active Management of Third Stage of Labour • Vaginal Birth after Caesarean Section • List of Contributors

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Interpreting Obstetric Ultrasound: A Case-based Approach

Amar Bhide

Interpreting Obstetric Ultrasound: A Case-based Approach contains 23 case scenarios dealing with the use of ultrasound in fetal medicine. The possible causes as well as approach to be followed for each of these scenarios are explained in detail. The cases are organised condition-wise rather than system-wise, since more than one system may be involved in a particular condition.

Comprehensively illustrated with numerous ultrasound scans obtained by the author during his many years of experience in this field, this book will greatly aid and guide practising obstetricians, ultrasonographers, radiologists and specialists in maternal–fetal medicine, as well as help candidates prepare for the RCR-RCOG Diploma examination/Fetal medicine Special Skills Module conducted by the Royal College of Obstetricians and Gynaecologists.

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Management of Labour, The (Third Edition)

Sir Sabaratnam Arulkumaran, Gita Arjun & Leonie Penna

The management of labour is an important part of obstetric practice for the obstetrician and midwife alike. Although labour events are typically not complicated, many women develop problems resulting in maternal, fetal or neonatal morbidity and mortality. Hypoxia, trauma and infection are inherent risks. This multi-author volume draws on the work of specialists who are internationally recognised and have contributed extensively to studies in intrapartum and postpartum management including key areas such as intrapartum fetal monitoring, prolonged pregnancies, preterm births and neonatal resuscitation.

Contents: Physiopharmacology of labour • The management of the first stage of labour • Pain relief in labour • Consent in labour • Intrapartum fetal monitoring • Uterine contractions • The management of intrapartum fetal distress • Fluid management in labour • The management of the second stage of labour • Operative vaginal delivery • Shoulder dystocia • Episiotomy • Breech delivery • Strategies to reduce the rate of cesarean sections • Cesarean section: procedure and technique • Vaginal birth after Cesarean delivery • Antepartum hemorrhage

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Mudaliar and Menon’s Clinical Obstetrics
(Eleventh Edition)

Sarala Gopalan & Vanita Jain (Eds)

*Mudaliar and Menon’s Clinical Obstetrics* is an established textbook for undergraduate medical students. It has been inspiring and guiding students in obstetrics for more than half a century. The eleventh edition has been designed to provide a more enhanced and visual learning experience for the student.

- It is in four-colour for the first time
- It has a student-friendly layout
- Detailed chapter objectives and key points have been added
- Text has been bulletised extensively to improve ease of learning
- New and improved colour and illustrative figures have been added
- Algorithms have been included for clear understanding of the sequence of treatment and procedures

- Text boxes have been added to highlight important information
- Content, diagrams, flow charts and tables have been added
- The book has been revised and updated thoroughly

**Contents:**

- *Section 1: Anatomy and Physiology*—The Pelvis, The Female Organs of Generation, Physiology of Ovulation and Menstruation, Fertilisation of the Ovum and Development of Embryo
- *Section 2: Physiology of Pregnancy*—Maternal changes due to Pregnancy, Diagnosis of Pregnancy, The Fetus in Normal Pregnancy, Prenatal Care, Drugs in Pregnancy, Antepartum Fetal Surveillance
- *Section 3: Physiology of Labour and Puerperium*—Causation and Stages of Labour, The Mechanism of Labour, Conduct of Normal Labour, Intrapartum Surveillance, Normal Puerperium
- *Section 6: Abnormal Labour*—Abnormal Fetal Presentations, Transverse or Oblique Lie, Breech Presentation, Compound Presentation, Dystocia due to Anomalies of the Expulsive Forces, Abnormalities of the Reproductive Tract, Injuries to the Parturient Canal, Puerperal Infection
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- *Section 8: Obstetric Operations*—The Forceps, Version and Destructive Operations, Cesarean Section, Induction of Labour
- *Section 9: Miscellaneous*—Maternal Mortality, Perinatal Mortality, Coagulation Disorders in Obstetrics, Imaging Techniques, Prenatal Diagnosis.
Obstetrics and Gynecology for Postgraduates (Volume I)
(Third Edition)
Sabaratnam Arulkumaran, Sarala Gopalan & Pratap Kumar (Eds)

Obstetrics and Gynecology for Postgraduates Volume I has been popular among postgraduate students, who refer to it as the ‘three author’ book. Volume I is devoted to Obstetrics. It contains 40 chapters, written by authors, experts in their field, drawn from premier medical institutions in India, Malaysia and the United Kingdom. There have been startling advances in the field of obstetrics and gynecology since the 1960s, when Ian Donald pioneered the use of ultrasound in obstetrics and gynecology, followed by in vitro fertilisation in the 1970s by Steptoe and Edwards. Since the publication of the Second Edition, there have been significant developments in terms of new hormones and newer types of operative procedures. Protocols and guidelines have been evolved, resulting in safe practice. This book enables the reader to keep up with recent advances and current practices. It synthesises recently available, acceptable and appropriate management in different settings. The aim is to enable postgraduates and clinicians to provide the best care in women’s health. Brought out with more pictures, the book has a new layout and an easily readable type setting.

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Obstetrics and Gynecology for Postgraduates (Volume II)
(Third Edition)
Sabaratnam Arulkumaran, Sarala Gopalan & Pratap Kumar (Eds.)

Obstetrics and Gynecology for Postgraduates Volume II has been popular among postgraduate students, who refer to it as the ‘three author’ book. Volume II is devoted to Gynecology. It contains 40 chapters, written by authors, experts in their field, drawn from premier medical institutions in India, Pakistan, Malaysia and the United Kingdom.

There have been startling advances in the field of obstetrics and gynecology since the 1960s, when Ian Donald pioneered the use of ultrasound in obstetrics and gynecology, followed by in vitro fertilisation in the 1970s by Steptoe and Edwards.
Since the last edition, there have been significant developments in terms of new hormones and newer types of operative procedures. Protocols and guidelines have been evolved, resulting in safe practice.

This book enables the reader to keep up with recent advances and current practices. It synthesises recently available, acceptable and appropriate management in different settings. The aim is to enable postgraduates and clinicians to provide the best care in women’s health.

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NEW

Practical Guide to Obstetrics, A: Cost-effective, evidence-based and safe care

Gita Arjun, Lakshmi Seshadri & Uma Ram (Eds)

A Practical Guide to Obstetrics is the perfect handbook for all doctors dealing with childbirth. Practitioners and postgraduates will turn to this book for evidence-based protocols and systems which will guide them in the management of obstetric problems.

This book will become the well-thumbed reference book for any practitioner of obstetrics who wants to know the correct procedure to follow in a particular obstetric situation. To this end, the unique format used makes for easy
reading. Practice points have been highlighted and are easy to assimilate.

Cost-effective and safe evidence-based practices have been compiled to equip the practising clinician with the knowledge that is necessary to deal with obstetric emergencies. It is a boon to the practitioner who often has limited time to spend on reading scientific literature, analysing the evidence and interpreting it correctly.

The coverage of topics is exhaustive and follows in a chronological order from the perinatal to the postpartum period. Several of the contributors are pioneers in their field, and have shared the knowledge derived from their experience. Evidence-based practice points are highlighted for easy reading.

Contents: Preface • Foreword • Section I: Preconception and Antenatal Care • Preconception Checklist for Women Planning Pregnancy • The Booking Visit • Follow-Up Antenatal Visits • Common Problems in Pregnancy • Prenatal Screening and Invasive Prenatal Testing for Aneuploidy • Antepartum Fetal Health Surveillance • Section II: Screening and Management of Medical Problems in Pregnancy • Hypertensive Disorders in Pregnancy • Diabetes in Pregnancy – Screening, Diagnosis and Management • Anemia in Pregnancy • Implications of Obesity in Pregnancy • Thyroid Disorders and Pregnancy • Antiphospholipid Syndrome and its Impact on Pregnancy • Inherited Thrombophilias in Pregnancy • Infections in Pregnancy • Intrahepatic Cholestasis of Pregnancy • Management of Rh Alloimmunisation in Pregnancy • Management of Pregnancy in a Patient with HIV • Approach to Acute Abdominal Pain in the Pregnant Woman • Section III: Ultrasound in Obstetrics • Ultrasound Evaluation of First Trimester Pregnancy Complications • Ultrasound in the First Trimester: Maximising the Information • Ultrasound in the Second Trimester: Examination and Reporting • Indications for Third Trimester Ultrasound Examination • The Use of Doppler in Obstetrics • Section IV: Obstetric Complications • Preterm Labour and Preterm Prolapse Membranes • Management of Postterm Pregnancy • Shoulder Dystocia • Antepartum Hemorrhage • Multiple Pregnancy • Intrauterine Growth Restriction • Late Intrauterine Fetal Death • Fibroids • Pregnancy in Women with Polycystic Ovary Syndrome • Management of Pregnancy after Assisted Reproductive Technology • Prophylactic Antibiotics in Obstetrics • Section V: Management of Labour • Episiotomy • Pain Relief in Labour • Induction of Labour • Intrapartum Fetal Surveillance • Management of Intrapartum Fetal Distress • Operative Vaginal Delivery • Breech Delivery • Cesarean Section: Procedure and Technique • Vaginal Birth after a Cesarean Section • Section VI: Complications in Labour • Management of Postpartum Hemorrhage • Management of Obstetric Anal Spincter Injuries • Prolonged and Obstructed Labour • Uterine rupture and uterine inversion • Peripartum Critical Illness and Collapse • Index

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Practical Neonatal Care
Lalitha Krishnan

This manual is meant for nursing students, PG students and practising neonatologists. It is a must-buy for all maternity/nursing homes and hospitals. The book gives valuable step by step tips on handling neonatal emergencies and in otherwise managing the running of the Neonatal Care Unit in hospitals and nursing homes.

Special Features: Book is divided into five sections: general principles, problems, procedures, diseases and drugs • Valuable tips and explanations of common procedures • Suited to Indian context. All recommendations are made keeping in mind the condition of nursing homes in developing countries • Comprehensively illustrated; illustrations enhance understanding of text

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Usha R Krishna, & Vinita Salvi (Eds)

This volume is a step towards familiarising the obstetrician and gynecologist with the challenges of endocrine and menstrual disorders, precocious or delayed sexual development, genetic disorders and other problems in adolescence. Suitable management strategies are also suggested.

Contents: Reproductive Health in Childhood and Adolescence • Normal Puberty • Sexual Precocity • Delayed Sexual Maturation • Intersex • Intersex – Surgical Management • Amenorrhea • Menstrual Dysfunction • Hyperandrogenism in Adolescence • Infections in Adolescence • Genital Tract Neoplasms in Adolescent Girls • Sexuality, Contraception and Pregnancy

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Low Birth Weight Baby, The
R L Tambyraj and Max Mongelli (Eds)

This volume is a timely update of progress in a field that has tended to be neglected in recent years. Although we are yet to discover a method to precisely predict the occurrence of preterm labour, there have been spectacular improvements in the prospects for survival of low birth weight infants. The use of antepartum steroids and advances in neonatal intensive care have brought about these changes. This volume covers these and other improvements as a result of which the reader of this volume will be left with the comfortable feeling that he or she knows everything worth knowing about the subject. The contributors are veterans in the field who have a broad perspective of their subject and are not tempted to embrace the latest unconfirmed theory.

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This book is meant for gynecologists and postgraduate students. It deals with urinary system-related problems in women. These are the most common problems in women and are often ignored. This book brings together two specialties, gynecology and urology. The contributors to this volume are drawn from across the world. There is specific focus on the third world context. This volume brings together opinions on management of the various types of dysfunction.

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Usha R Krishna & Duru Shah (Eds)

This book views the subject in the context of endocrine changes, climacteric disturbances and problems related to premature menopause.

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Sabaratnam Arulkumaran & H M L Jenkins (Eds)

The presence of asphyxia in the antenatal period has an effect on events during labour and immediately after that. In this volume, current and potential methods of identifying and assessing perinatal asphyxia are discussed along with Doppler velocimetry, fetal heart rate monitoring, pulse oximetry and biochemical measurements. The problems in developing countries and risk management which may help to prevent recurrences are also discussed.

Contents: Perinatal Asphyxia: An Overview • Confidential Enquiries into Stillbirths and Deaths in Infancy The Lessons Learnt • Assessment of Fetal Growth • Antepartum Fetal Assessment • Doppler Velocimetry in the Detection of Perinatal Asphyxia • Cardiotocography in the Detection of Intrapartum Asphyxia • Fetal ECG Waveform Analysis during Labour • Fetal Pulse Oximetry • Biochemical Monitoring of Intrapartum Asphyxia • Oxygen in the Fetus - Friend or Foe • Perinatal Asphyxia in Multiple Pregnancies • Hypoxia Induced Free Radical disease in the Neonatal Period • Hypoxia induced free radical Disease in the Neonatal Period • Unmet Needs and Challenges in the Developing World • Management of Clinical Risk • Appendices • Index

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Duru Shah & Gautam Allahbadia (Eds)

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Pregnancy Induced Hypertension
Harshalal R Seneviratne & Chandrika N Wijeyaratne (Eds)

This monograph deals with a specific condition commonly found among pregnant women. The volume draws on the work of specialists and reviews recent literature on the subject. The contributors to this volume are drawn from India, Sri Lanka and Australia.

Contents: Pathophysiology of pregnancy induced hypertension • Clinical management of uncomplicated pregnancy induced hypertension • Laboratory evaluation of the patient with pregnancy induced hypertension • Fetal assessment in pregnancy induced hypertension • Drug therapy in pregnancy induced hypertension • Management of eclampsia • Analgesia and anesthesia in pregnancy induced hypertension • Prevention of pregnancy induced hypertension • Low dose aspirin in the prophylaxis of pregnancy induced hypertension • Complications of pregnancy induced hypertension • Evaluation and management of renal complications in pregnancy induced hypertension • Controversies in pregnancy induced hypertensive • Unmet needs in the management of hypertension in pregnancy • Appendix • Index

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Since the publication of the first edition in 1973, Achar’s Textbook of Pediatrics has quickly established its reputation as one of the classic textbooks on the subject. In this, the fourth edition of the book, the content has been updated and revised to reflect current approaches and knowledge. New images, colour photographs, a CD with additional content and up-to-date tables and graphs have also been added. This textbook is aimed at providing medical undergraduates with a solid grounding on the diseases, management and care of infants and children while also addressing the needs of and problems faced by today’s adolescents.

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Pediatric Endocrine Disorders
(Third Edition)
Meena P Desai, P S N Menon, Vijayalakshmi Bhatia

This book is the first comprehensive description of endocrine disorders in the pediatric age group compiled in India. One of the main aims of this book is to provide a practical and simple approach to the diagnosis and management of common endocrine problems in clinical practice. It is hoped that this edition will be of use to practicing pediatricians, postgraduates and other health professionals in the early diagnosis and effective management of endocrine disorders in infancy, childhood and adolescence. Practical management of common pediatric endocrine problems is dealt with in detail. New information in this field has also been incorporated.

The contributors to this volume are experts in their respective fields and are drawn from India and other countries.

Contents: Contributors • Preface to Third Edition • Preface to Second Edition • Preface to First Edition • Colour Plates • Fundamentals of Pediatric Endocrinology • Molecular Basis of Pediatric Endocrinopathies • Fetal and Neonatal Endocrinology • Normal and Abnormal Growth • Disorders of Growth Hormone Production and Action • Disorders of Pubertal Development • Turner Syndrome • Disorders of the Thyroid Gland • The Adrenal Glands • Disorders of Sex Development • Disorders of Water, Electrolyte and Acid–Base Homeostasis • Diabetes Mellitus • Hypoglycemia in Infancy and Childhood • Childhood Obesity • Disorders of Calcium, Phosphorus and Bone Metabolism • Polyglandular Endocrine Syndromes • Endocrine Consequences of Systemic Disorders • Principles of Hormone Measurement • Index

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Arti Kapil (Ed.)

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G L David Krupadanam, D Vijaya Prasad, K Varaprasad Rao, K L N Reddy & C Sudhakar

This book deals with the principles and applications of analytical chemistry, and is useful for B.Sc. chemistry students and those working in analytical research laboratories of drug, pesticide and other chemical industries. The topics discussed include the procedures to be followed in analytical work, solvent extraction
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*N R Krishnaswamy*

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**Conceptual Pharmacology**

*P Jagadish Prasad*

Pharmacology is currently one of the fast-growing branches of medical science. This book was written to provide students basic information in pharmacology with emphasis on clinical aspects and pharmacological approaches to drug-based treatment. Information about the drug is given in detail and includes pharmacokinetics, pharmacodynamics, clinical indications, adverse drug reactions and drug interactions.

**Special Features:**
- Self-assessment questions at the end of each chapter
- Numerous illustrations: chemical structures and medical drawings
- Unique topics like dermatological pharmacology, drug use in pregnancy, therapeutic drug monitoring and rational drug use

**Contents:**
- General Pharmacology
- Autonomic Nervous System
- Cardiovascular System
- Central Nervous System
- Autacoids
- Hemopoietic System
- Diuretics
- Chemotherapeutic Agents
- Gastrointestinal System
- Hormones
- Respiratory System Disorders
- Immune Pharmacology
- Drugs Acting on the Uterus
- Drug Therapy of Hyperlipidemias
- Toxicology
- Drug Use during Pregnancy
- Dermatological Pharmacology
- Vitamins

2010
700 pp. Paperback
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₹ 675.00

**Drugs**

*G L David Krupadanam, D Vijaya Prasad, K Varaprasad Rao, K L N Reddy & C Sudhakar*

Drugs have played a central role in the progress of human civilization. There are many important stages before a compound is used as a drug to treat a disease. The first stage is drug discovery; the second stage is the manufacture; and the third stage is the formulation of the drug in the form of tablets, capsules, injections and solutions. Some drugs like penicillin have been discovered quite accidentally, while some plant-derived drugs have been known to man since very early times; for example, quinine, ephedrine, cocaine, and morphine. This book deals with the historical aspects of the development and use of drugs, vitamins, hormones; their
classification, synthesis and formulation; and the general principles of drug actions. The pharmacokinetics, the interaction of drugs in the targeted receptor, and mode of drug synthesis is explained in detail.

Contents: Introduction • Pharmacodynamic agents • Vitamins, hormones, synthetic and natural drugs • Formulation of drugs • Bibliography • Glossary • Index

2001 168 pp. Paperback ₹ 250.00

Essentials of Physical Chemistry and Pharmacy
H J Arnikar, S S Kadam & K N Gujar

A number of chemical compounds are now being used as drugs. This makes it essential for a student of pharmacy to have sound knowledge of physico-chemical principles. This book brings together the relevant basic concepts of physical chemistry and pharmaceutical sciences. A general account of the gaseous and crystalline states of matter is followed by a detailed treatment of the liquid state including solutions, ionic equilibria, colloidal dispersions, emulsions and gels which form the core of pharmaceutical sciences. Relevant kinetic thermodynamic theories with examples are also included.

1991 384 pp. Paperback ₹ 375.00

Experimental Pharmacology
M C Prabhakar

This book is a unique compendium of experiments on drug response patterns. Students can easily understand the essential theoretical principles of the behaviour of drug agents by analyzing the results. Keeping Indian conditions in mind, locally available material has been used. In this revised second edition, a new experimental animal, the chick has been added.

Contents: Effect of Different Agonists on Blood Pressure Preparation • New and Modified Techniques • Thrills, Paradoxes and Chills • Experiments on Rabbit • Experiments on Chick • Experiments on Cat • Experiments on Guinea Pig • Experiments on Dog • Some Psychopharmacology Techniques • Points to Remember • Some Autonomic Drug Interactions in: I. Anesthetised Rat (Sets 1–18): II. Anesthetised Dog (Sets 19–33)

2013 248 pp. Paperback ₹ 350.00

Experimental Pharmacology for Undergraduates
M C Prabhakar

The book describes the practical exercises in most commonly used experimental animals.
Basic concepts such as receptors and laboratory equipment, are explained prior to guiding the student through the intricacies of experimental pharmacology. Advanced experiments are described in *Experimental Pharmacology*.

**Contents:**
- General Concepts
- Dose – Response Curve
- Agonists and Antagonists
- Introduction to the Autonomic Nervous System (ANS)
- Experiments on Frog
- Experiments on Rat
- Bioassays
- Identification of an Unknown Compound
- Guide to Drug Doses in Laboratory Animals
- Bibliography

2007 96 pp. Paperback
978-81-7371-659-1

160.00

This book presents the fascinating but complex subject of Pharmacology in a concise and clinically relevant manner. It discusses Pharmacology from a perspective that can be readily identified by students in the context of actual clinical situations. Unlike most books, which tend to test the student’s memory skills, the emphasis here is on a logic-based understanding of pharmacology. This would enable students to easily comprehend and, more importantly, to retain the information presented.

In this book, the different types of drugs, their mechanisms of action, rationale for drug interactions and side effects have been discussed in detail. In keeping with the highly dynamic nature of the subject and the vast clinical research underway, the latest and most widely accepted views are provided at every juncture.

**Contents:**

**Section 1:** General Pharmacology—Routes of Drug Administration • Drug Absorption and Distribution • Drug Metabolism and Excretion • Pharmacodynamics; **Section 2:** Drugs Acting on the Cardiovascular System—Antihypertensive Drugs • Antiarrhythmic Drugs; **Section 3:** Drugs Acting on the Central Nervous System—Anaesthesia and Anaesthetic Agents • Antiepilepsy Drugs • Drug Therapy of Alzheimer’s Disease • Drug Therapy of Parkinson’s Disease • Antidepressant Drugs • Neuroleptics • Drug Therapy of Migraine; **Section 4:** Drugs Acting on the Renal System—Diuretic Agents; **Section 5:** Antimicrobial Drugs—Antibacterial drugs • Antifungal Drugs • Antitubercular Drugs • Antimalarial Drugs • Antiretroviral Drugs • Antiviral Drugs • Anthelmintic Drugs; **Section 6:** Drugs Acting on the Gastrointestinal System—Drug
This book aims to equip pharmacists with the knowledge and skills required to discharge their clinical pharmacy practice responsibilities in the Indian scenario. The focus is on providing information about how clinical pharmacy is practiced rather than what they need to know about drugs and therapeutics.

Completely revised and updated, this edition includes four new chapters: *Community Pharmacy Practice, Medication Use in Pregnancy and Lactation, Ethical Issues in Clinical Research and Poison Information*. These chapters address practice areas of great relevance to Indian pharmacists and result in a more comprehensive text overall.

A balanced mix of content, case studies, references and website links has been provided to make the topics as clear and interesting to the reader as possible. Additional appendices comprise laboratory reference values for adults and how to take medication history.

**Salient Features:**
- New and revised chapters
- Additional tables, sample forms and appendices
- Learning objectives and key messages for every chapter
- New case studies, practice scenarios and exercises
- Updated glossary

**Contents:**
* Foreword to the Second Edition *
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* Clinical Pharmacy in India *
* Clinical Pharmacy: An International Perspective *
* Community Pharmacy Practice *
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* Drug Utilisation Evaluation *
* Pharmacoepidemiology *
* Medication Errors and Adverse Drug Events *
* Pharmacoeconomics: Theory, Research and Practice *
* Development of Therapeutic Guidelines *
* Appendices *
* Glossary *
* Index

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Textbook of Industrial Pharmacognosy
Anusuya R Kashi, S Ramachandran & Bindu Sukumaran

This book is designed for undergraduate pharmacy students and provides both contemporary and comprehensive information on herbal drugs. The first three chapters—herbal drug industry, patents and intellectual property rights, and standardization of herbal drugs—are new, and have been culled from diverse sources. The book provides current information, and is organized in a format that enables students to focus on the important aspects.

Contents: Herbal drug industry • Patents • Standardization of herbal drugs • Traditional systems of medicine • Ayurvedic formulations • Traditional drugs • Isolation of compounds from natural sources • Herbal cosmetics • Enzymes • Nutraceuticals • Polyploidy • Plant biotechnology • Protoplast technology • Enzyme biotechnology

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Textbook of Industrial Pharmacy: Drug Delivery Systems, and Cosmetic and Herbal Drug Technology
Shobha Rani R Hiremath

Textbook of Industrial Pharmacy is a pioneering effort that aims to bring together the three main specialties of pharmaceutical technology—drug delivery systems and industrial pharmacy, cosmetic technology and herbal drugs—in one book. With separate sections on these branches, this book provides detailed information about current techniques, as well as the concepts and principles on which they are based.

Targeted at final year B Pharm and first year M Pharm students, this book includes many step-by-step procedures, illustrations, and examples relating to drug delivery systems, optimisation and validation of pharmaceuticals, herbal drugs and products, cosmetics and cosmeceuticals. In addition, key points and self-assessment questions have been included at the end of every chapter.

Special Features: Systematic and thorough coverage of syllabus topics • Step-by-step procedures • Illustrations that enhance understanding of text • Six full-colour plates • Numerous examples to improve comprehension • Key points and self-assessment questions

Contents: Section I: Drug Delivery and Industrial Pharmacy • Introduction to Novel Drug Delivery Systems • Controlled Drug Delivery Systems • Transdermal Drug Delivery Systems • Ocular Drug Delivery systems • Nasal Drug Delivery Systems • Buccal Drug Delivery Systems • Implant Drug Delivery Systems • Targeted Drug Delivery Systems • Liposome • Niosomes • Microspheres • Nanoparticles • Methods of Enhancing Bioavailability of Drugs • Pilot Plant and Scale - Up • Optimisation Techniques in Pharmaceutical Formulation and
<p>For almost ten years, the <i>Textbook of Practical Physiology</i> has helped students acquire the knowledge and skills required to perform the investigations that form an intrinsic part of this subject. In the third edition, all the chapters have been thoroughly revised and the concepts updated. A new chapter on the spectral analysis of heart rate variability has been added. This is the first textbook in medicine to introduce this topic as a text for medical students. Apart from this, the feedback received from students and teachers has been given due importance and is reflected in this edition.</p>

**Special Features:** New chapter on spectral analysis of heart rate variability • Updated chapters • Simple language • Numerous illustrations to enhance clarity • Viva and OSPE questions • Updated bibliography
Dental science is vast in its approach and many branches of medicine come together in this specialty. A dental student should have adequate practical and theoretical knowledge of the various aspects of physiology of many systems including cardiovascular and respiratory physiology, hematology, endocrinology and neurophysiology.

This book covers all aspects of practicals in the subject. The experiment and its principle are presented in a very precise though comprehensive form. The book contains not only details of practicals, but also adequate theoretical aspects of the practical: therefore, this is a complete textbook of practical physiology. We have made special efforts to emphasise the application of practical knowledge in clinical medicine. The book contains all essential underlying principles of practical physiology as per the latest recommendations of the Dental Council of India (DCI) and Medical Council of India (MCI). The instruction of DCI to lay emphasis on applied aspects of physiology practicals has been adequately taken care of in this book.

Contents: Preface • General Introduction • General Laboratory Instruction • Section I: (Human Experiments) Hematology • Introduction to Hematology • Collection of Blood Samples • Estimation of Hemoglobin Concentration • Determination of Hematocrit • Study of the Compound Microscope • Hemocytometry • Total RBC Count • Determination of Red Blood Cell Indices • Total Leucocyte Count • Preparation and Examination of Blood Smear • Differential Leucocyte Count • Arnetth Count • Absolute Eosinophil Count • Determination of Erythrocyte Sedimentation Rate • Determination of Blood Group • Osmotic Fragility of Red Cells • Determination of Bleeding Time and Coagulation Time • Platelet Count • Respiratory System • Stethography • Clinical Examination of the Respiratory System • Effect of Posture on Vital Capacity • Cardiovascular System • Electrocardiography • Clinical Examination of the Radial Pulse • Measurement of Blood Pressure • Effect of Posture on Blood Pressure and Heart Rate • Effect of Exercise on Blood Pressure and Heart Rate • Clinical Examination of the Cardiovascular System • Nervous System • Clinical Examination of the Sensory System • Clinical Examination of the Motor System • Clinical Examination of the Cranial Nerves • Special Senses • Perimetry • Visual Acuity • Colour Vision • Hearing Tests • Examination of Taste and Smell • Section II: (Amphibian and Mammalian Experiments) Experiments on Frog’s Nerve and Muscle • Appliances • Nerve-Muscle Preparation • Simple Muscle Twitch • Effect of Temperature on Simple Muscle Twitch • Genesis of Tetanus • Genesis of Fatigue. • Experiments On Frog’s Heart And Blood Vessels • Normal Cardiogram of Frog • Effect of Temperature on Frog’s Heart • Effect of Stannius Ligature on Frog’s Heart • Experiments On Frog’s Nervous System • Postural Reflexes in Frog • Index of Normal Values • Bibliography • Index
Benign breast disorders and diseases are commonly encountered in Indian clinical practice. Though reliable statistics are not available, the incidence of such disorders, in India, is thought to exceed that of carcinoma breast by a factor of ten or more.

Cultural inhibitions often prevent the Indian woman from seeking medical attention for a breast-related problem. Further, non-cancerous conditions are deemed unworthy of attention. Often, patients are subjected to needless surgical biopsies and unnecessary lifelong surveillance, with psychological consequences. And it seems a matter of luck that the patient receives appropriate management at all.

This is tragic, as the risk of breast cancer is generally lower among Indian women as a whole, as compared to women in the more developed countries. Yet the common problems of the breast have received scant attention so far, in developing countries.

Benign Breast Diseases was written to focus attention on these common problems, to enable the medical practitioner to distinguish the benign from the malignant condition.

Special Features: A CD containing clinical and pathology images has been included • The book is well illustrated with line drawings • The book contains colour plates spread over 20 pages • A useful guide to breast self-examination has been included as an annexure • Algorithms for the management of breast disorders and diseases have been included.

Contents: Development of the Breast • Anatomy of the Breast • Physiology of the Breast • Clinical Evaluation of the Breast • Imaging and Interventional Radiology in Benign Breast Lesions • Pathology of Benign Breast Diseases • Management of Clinical Problems • Aesthetic Surgery of the Breast • Prevention of Benign Breast Diseases • Appendix 1: Algorithms for the Management of Common Breast Problems • Appendix 2: Guide to Breast Self-examination • Index • List of Plates: Development of the Breast; Anatomy of the Breast; Physiology of the Breast; Pathology of Benign Breast Diseases; Management of Clinical Problems; Aesthetic Surgery of the Breast; List of Slides in the CD

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India’s contributions in the field of science have been very influential in the development of human civilisation. The decimal place value system and the Ayurvedic way of life are just two well-known legacies of this ancient culture.

Yet there are only a few books which provide an unbiased and authentic view of this world. One reason for this is that the study of Indian science through the ages involves the complex integration of the knowledge of many languages and diverse scientific disciplines. Through the years, there has been growing interest in this study as an important aspect in understanding man’s interaction with nature, his material life and cultural patterns. The
Indian National Science Academy, through its History of Science Board (1958) and the National Commission for the Compilation of History of Sciences in India (1967) renamed in 1989 as the Indian National Commission for History of Science sought further means to stimulate this interest among universities and scholars. The result was the publication of *A Concise History of Science in India*.

This book attempts to present a brief account of the development of science from early times to Independence, in one of the most ancient civilisations of the world. After nearly four decades since its publication, *A Concise History of Science in India* remains one of the most extensive and authentic account of Indian science through the ages. Yet further studies in the field have brought to light new material. This revised edition, taken up by B V Subbarayappa, one of the three original editors, seeks to integrate the new information with the knowledge already at hand.

**Contents:** List of Figures, Tables and Plates, A Survey of Source, Astronomy, Mathematics, Medicine, Chemical Practices and Alchemy, Agriculture, Botany, Zoology, The Physical World: Views and Concepts, Western Science in India up to Independence, Resume, Glossary, Bibliography, Supplementary Bibliography, Index

**Encyclopaedia of Classical Indian Sciences**

*Helaine Selin & Roddam Narasimha (Eds)*

India’s contributions to science and technology are among the most ancient and influential in the world. In mathematics, the decimal place value system with zero as a numeral, used universally today, owes its origin to India. The science of Ayurveda, which has been practised for millennia in India, is now gaining wider acceptance even as many ancient remedies are turned into modern drugs. Indian astronomical computations, ritual geometry, brick technology and metallurgical innovations have been among the finest achievements in the world of science and technology.

*Encyclopaedia of Classical Indian Sciences* is an attempt to provide an authentic account of natural science, technology and medicine as practised by Indians and other South Asians. It also includes biographical articles on many ancient Indian scientists, and some articles (polemic in nature) on the history of Indian science and technology, such as the essay on the effects of colonialism. All articles are contributions of acknowledged authorities on their subject drawn from across the world.

Know Your English Vol. II: Words frequently confused
S Upendran

Words Frequently Confused, the second volume in the four volume series, Know Your English, is based on S. Upendran’s popular weekly column published in The Hindu. It contains a selection of about 480 pairs of words that are frequently confused. Each entry gives the meaning of the words and points out the difference between them. Examples are also provided showing how the words can be used in everyday contexts. Some of the entries also contain information about the pronunciation and the etymology (origin) of the word.

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Squaring the Circle: Seven Steps to Indian Renaissance
APJ Abdul Kalam with Arun Tiwari

Dr Kalam calls for an Indian Renaissance, which he describes in seven steps involving the common
people of the land, and in particular, the youth. He urges people to arise out of servitude to a vested ruling class, awake from the slumber of a passive democracy, and advance to manifest our destiny of a developed nation. He recommends that by turning inward and listening to the voice of our conscience, we can live a virtuous life and thereby build a strong and secure India.

Contents: Introduction • The Story of Socrates • We Are All One • Truth and Reconciliation • Beyond Narrow Domestic Walls • A World View is a Lens • Ignited Minds • Know Thyself • Social Enterprise • Istikhara • Good to Great • Re-energizing Relations • Strength respects Strength • Work, Bread, Water and Salt for All • Livable Planet • Epilogue • Index

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Story of Our Food, The

K T Achaya

• Our distant ancestors speared animals for food. How do we know this?
• Why did vegetarian habits develop so long ago only in India?
• Why were food, health and natural elements considered separable?
• What do the words hot and cold, when applied to food, mean in India?
• How old are idli, the vada and curd-based shrikand?
• When and where did the mango originate? And the papaya?
• Why were chillies not used in Akbar’s kitchen?
• What was India’s first beverage-coffee or tea?

From which Indian language did the words curry, betel leaf and sugar enter into English language?

The answers to all these questions, and many more, can be found in this amazing and richly-textured little book. It shows how our wonderful Indian cuisine, with all its regional variants, is the outcome of food plants brought into India from numerous directions over thousands of years. How food occupied an important niche in the natural cycle. And of a social ethic in which cleanliness was indeed next to godliness.

Contents: List of Illustrations • Our Early Ancestors • The Harappan Meal • How Weeds became Foodgrains • The Aryan Way of Lift • Theory and Practice • Through Other Eyes • The Muslim Contribution • Many Regions, Many Foods • Europe Vies the Indian Scene • The Taste of the New World • More Exotic Delights • Bibliography • Glossary of Indian and Non-English Words • General Index

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Wings of Fire: An Autobiography

(Abridged, Special Student Edition with Exercises)

A P J Abdul Kalam with Arun Tiwari

This simplified and abridged version now makes Dr Kalam’s inspirational story accessible to students. A comprehensive glossary provides
Wings of Fire: An Autobiography
A P J Abdul Kalam with Arun Tiwari

Avul Pakir Jainulabdeen Abdul Kalam, the son of a little-educated boat-owner in Rameswaram, Tamil Nadu, had an unparalleled career as a defence scientist, culminating in the highest civilian award of India, the Bharat Ratna. As chief of the country’s defence research and development programme, Kalam demonstrated the great potential for dynamism and innovation that existed in seemingly moribund research establishments. This is the story of Kalam’s rise from obscurity and his personal and professional struggles, as well as the story of Agni, Prithvi, Akash, Trishul and Nag—missiles that have become household names in India and have raised the nation to the level of a missile power of international reckoning. This is also the saga of independent India’s struggle for technological self-sufficiency and defensive autonomy—a story as much about politics (domestic and international) as it is about science.

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